

## MJ U18

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	289	Livia Omogbehin	TV Alzey-Team HKS-Gasser	MJ U18	1	14:44	15:05	15:03	14:08	0:59:00 (1)	0:59:07
2	288	Nele Metzge	TV Alzey-Team HKS-Gasser	MJ U18	2	14:44	15:05	15:03	14:08	0:59:00 (2)	0:59:07

## MJ U20

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	269	Sven Ambrosius	SG Lebach-Landsweiler	MJ U20	1	12:54	13:02	14:45	11:12	0:51:54 (1)	0:52:16

## W

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	251	Simone Riehm	LTF Theeltal	W	1	11:43	12:17	12:22	11:50	0:48:12 (1)	0:48:19
2	283	Eva Maria Schnur	Triathleten Dörsdorf	W	2	11:55	12:01	12:28	12:32	0:48:56 (2)	0:49:01
3	349	Kristina Schneider	Mittelpunktläufer SV Habach	W	3	12:31	12:16	12:21	12:04	0:49:12 (3)	0:49:23
4	220	Madlen Lauck	KiTa Steinbach	W	4	12:38	13:34	14:10	13:59	0:54:21 (4)	0:54:27
5	315	Fatima Vano		W	5	12:42	14:20	14:18	13:30	0:54:50 (5)	0:55:01
6	312	J. Schmitz		W	6	14:20	15:27	15:33	15:10	1:00:30 (6)	1:00:37

## M

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	294	Selama Tesf Amariam Estopia	TV Alzey-Team HKS-Gasser	M	1	07:57	07:54	08:03	07:53	0:31:46 (1)	0:31:48
2	360	Sammy Schu	LTF Marpingen	M	2	07:58	08:12	08:22	08:13	0:32:45 (2)	0:32:46
3	225	Philipp Stief	LC Rehlingen	M	3	07:58	08:13	08:27	08:31	0:33:08 (3)	0:33:09
4	333	Fabian Grill	LTF Theeltal	M	4	08:38	09:01	09:11	08:55	0:35:45 (4)	0:35:47
5	285	Rose Felix	TV Alzey-Team HKS-Gasser	M	5	09:45	10:09	09:58	09:41	0:39:33 (5)	0:39:36
6	273	Etienne Graef	SG Lebach-Landsweiler	M	6	09:17	10:06	10:49	10:38	0:40:51 (6)	0:40:54
7	309	Christian Ney		M	7	10:29	10:39	10:40	10:59	0:42:47 (7)	0:42:54
8	202	Dennis Hepp	Audi AG/FH-Münster	M	8	10:56	11:14	11:35	11:09	0:44:54 (8)	0:45:14
9	300	Nicolas Cuan Orozco	Xupacu	M	9	11:19	11:27	11:41	11:26	0:45:52 (9)	0:46:01
10	346	Robin Thewes		M	10	11:52	12:04	12:05	11:15	0:47:15 (10)	0:47:24
11	212	Florian Uhrhan	FC Hang	M	11	12:04	12:05	12:15	11:43	0:48:06 (11)	0:48:29
12	211	Moritz Nagel	FC Hang	M	12	12:34	13:15	11:46	11:50	0:49:25 (12)	0:49:47
13	277	Jens Schmitt	SG Lebach-Landsweiler	M	13	12:03	11:54	12:54	12:55	0:49:45 (13)	0:50:06
14	268	Daniel Ali	SG Lebach-Landsweiler	M	14	11:57	12:36	13:18	12:33	0:50:24 (14)	0:50:44
15	274	Dominik Jäckel	SG Lebach-Landsweiler	M	15	11:57	12:37	13:18	12:34	0:50:25 (15)	0:50:45

## M

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
16	210	Niklas Fries	FC Hang	M	16	12:04	12:15	13:15	13:04	0:50:38 (16)	0:51:01
17	272	Simon Ferner	SG Lebach-Landsweiler	M	17	12:56	13:00	14:47	13:22	0:54:05 (17)	0:54:27
18	355	Sven Ziegler	SC Falscheid	M	18	12:35	13:13	14:32	15:01	0:55:21 (18)	0:55:31
19	323	Manuel Kattler	LAG Saarbrücken	M	19	12:50	14:52	14:55	14:49	0:57:27 (19)	0:57:32

## W30

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	311	tanja schmitt		W30	1	09:41	09:53	09:57	09:52	0:39:24 (1)	0:39:26
2	227	Sarah Kronberg	LTF Theeltal	W30	2	10:46	11:06	11:06	10:59	0:43:57 (2)	0:44:02
3	350	Stefanie Fichtel	LLG Wustweiler	W30	3	13:34	13:26	12:53	12:58	0:52:51 (3)	0:53:00

## M30

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	344	Torsten Jacob	LAZ Saar05	M30	1	08:36	08:43	08:53	08:43	0:34:55 (1)	0:34:57
2	224	Melsh Tesfit	LAG Saarbrücken	M30	2	08:14	09:02	09:07	08:48	0:35:12 (2)	0:35:13
3	267	Martin Mühlhan	Schwimmclub Illingen e.V.	M30	3	08:52	09:05	09:07	08:45	0:35:49 (3)	0:35:51
4	356	Phillip Schmidt	SC Falscheid	M30	4	09:31	10:06	10:25	09:57	0:39:58 (4)	0:40:02
5	209	Markus Neumann	DJK Dudweiler	M30	5	10:00	10:29	10:22	10:12	0:41:02 (5)	0:41:05
6	302	Alexander Bick		M30	6	10:20	10:22	10:21	10:18	0:41:21 (6)	0:41:33
7	259	Pascal Gebel	Mercedes Reitenbach	M30	7	11:02	11:09	11:26	11:20	0:44:57 (7)	0:45:08
8	271	Thomas Fajferék	SG Lebach-Landsweiler	M30	8	11:08	11:21	11:53	11:37	0:45:58 (8)	0:46:18
9	284	Christian Schulz	Triathleten Dörsdorf	M30	9	11:54	12:00	13:56	14:33	0:52:23 (9)	0:52:30
10	292	Sebastian Steinbach	TV Alzey-Team HKS-Gasser	M30	10	13:05	13:25	14:03	14:03	0:54:36 (10)	0:54:43
11	265	Andreas Neu	Pokerfreunde Steinbach	M30	11	13:08	14:02	13:53	13:45	0:54:49 (11)	0:55:02
12	310	Benedikt Schilling		M30	12	13:22	14:04	14:11	13:57	0:55:34 (12)	0:55:46
13	204	Mehmet Kazik	Caritas Migrationsdienst	M30	13	14:13	16:34	16:08	15:03	1:01:59 (13)	1:02:17

## W35

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	320	Dorothea Klee	Houy-Team	W35	1	11:48	11:57	11:59	11:25	0:47:09 (1)	0:47:25
2	352	Daniela Braun	LLG Wustweiler	W35	2	13:34	13:25	12:54	12:58	0:52:51 (2)	0:53:01
3	303	Angie Fries		W35	3	15:16	15:49	16:12	16:20	1:03:37 (3)	1:04:01

## M35

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	242	Benjamin Irsch	LSG Schmelz-Hüttersdorf	M35	1	08:36	08:59	08:56	08:59	0:35:29 (1)	0:35:31
2	337	Thomas Detzen	LTF Theeltal	M35	2	08:36	08:45	09:09	09:04	0:35:34 (2)	0:35:36
3	223	Dennis Schumacher	LAG Saarbrücken	M35	3	08:55	09:04	09:09	09:02	0:36:09 (3)	0:36:11
4	218	Marco Baltes	Grojos LTF Elversberg	M35	4	09:04	09:29	09:39	09:24	0:37:36 (4)	0:37:38
5	243	Stefan Trampert	LSG Schmelz-Hüttersdorf	M35	5	09:33	09:42	09:49	09:23	0:38:27 (5)	0:38:29
6	226	Patrick Franz	LC Warndt	M35	6	09:20	09:49	09:53	09:34	0:38:35 (6)	0:38:37
7	282	Benjamin Angel	Team Luftwaffe	M35	7	09:20	10:01	10:14	09:57	0:39:32 (7)	0:39:33
8	362	Florian Bolte	KIA Running Team	M35	8	10:21	10:31	10:40	10:17	0:41:49 (8)	0:41:58
9	222	Andreas Jahn	LAG Saarbrücken	M35	9	10:14	10:43	10:57	10:47	0:42:41 (9)	0:42:43
10	228	Christian Schuchter	levoBank eG	M35	10	10:20	10:38	10:58	10:53	0:42:48 (10)	0:42:53
11	276	Markus Müller	SG Lebach-Landsweiler	M35	11	10:25	10:31	11:22	11:02	0:43:19 (11)	0:43:26
12	345	Timo Johann		M35	12	10:47	11:14	11:14	11:26	0:44:41 (12)	0:44:47
13	255	Michael Reul	LTF Theelthal	M35	13	11:03	11:14	11:23	11:07	0:44:47 (13)	0:44:54
14	314	Marc-Oliver Strumpler		M35	14	12:40	12:43	12:50	12:36	0:50:49 (14)	0:51:05
15	308	Sebastian Löw		M35	15	11:43	12:39	13:22	13:17	0:51:00 (15)	0:51:08
16	215	Thomas Naumann	FWM GmbH	M35	16	12:14	12:47	13:35	13:05	0:51:40 (16)	0:52:05
17	299	Stephan Weizel	Winterbach (Pfalz)	M35	17	12:54	13:19	13:31	13:43	0:53:27 (17)	0:53:52
18	214	Thomas Fuchs	FWM GmbH	M35	18	13:51	13:37	13:37	13:26	0:54:30 (18)	0:54:56
19	206	Christina Selzer	Caritas Migrationsdienst	M35	19	12:54	13:15	14:24	14:09	0:54:41 (19)	0:54:59

## W40

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	342	Cordelia Manger		W40	1	11:43	12:13	12:59	13:06	0:50:01 (1)	0:50:06
2	230	Nicole Becker	LLG Wustweiler	W40	2	12:53	13:12	13:09	12:37	0:51:51 (2)	0:51:58
3	207	Pamela Spaniol-Fisch	Caritas Migrationsdienst	W40	3	12:54	13:15	13:14	13:25	0:52:48 (3)	0:53:06

## M40

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	280	Markus Haas	Team BioProphyl	M40	1	09:04	09:31	09:23	09:14	0:37:12 (1)	0:37:15
2	213	Andy Radke	FWM GmbH	M40	2	09:18	09:49	09:59	10:04	0:39:09 (2)	0:39:13
3	336	Timo Koch		M40	3	09:38	09:58	10:09	09:58	0:39:43 (3)	0:39:45
4	250	Joachim Oster	LTF Theeltal	M40	4	09:42	10:18	10:25	10:26	0:40:51 (4)	0:40:54
5	249	André Kronberg	LTF Theeltal	M40	5	09:38	10:22	10:38	10:43	0:41:22 (5)	0:41:24
6	240	Andreas Vonerden	LSG Saarbrücken-Sulzbachtal	M40	6	09:55	10:22	10:41	10:38	0:41:36 (6)	0:41:38
7	233	Andreas Holweck	LLG Wustweiler	M40	7	10:54	10:54	10:38	10:34	0:42:59 (7)	0:43:03
8	301	Adrian Betz		M40	8	11:19	11:35	12:08	12:02	0:47:05 (8)	0:47:17

## M40

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
9	291	Gerolf Schmitt	TV Alzey-Team HKS-Gasser	M40	9	11:27	11:58	12:11	12:07	0:47:42 (9)	0:47:48
10	216	Nico Schmitt	FWM GmbH	M40	10	12:16	12:02	12:09	11:39	0:48:06 (10)	0:48:31
11	290	Sebastian Popp	TV Alzey-Team HKS-Gasser	M40	11	12:06	12:08	12:27	11:57	0:48:38 (11)	0:48:49
12	217	Thomas Schneider	FWM GmbH	M40	12	12:18	12:16	12:52	12:39	0:50:05 (12)	0:50:30
13	316	Timo Warken		M40	13	12:55	12:27	12:55	12:32	0:50:49 (13)	0:51:06
14	361	Kim Müller	Riemke	M40	14	11:56	12:58	13:45	13:31	0:52:10 (14)	0:52:17
15	205	Khery Khidr Semo	Caritas Migrationsdienst	M40	15	12:49	13:51	13:45	13:54	0:54:19 (15)	0:54:38
16	304	Konrad Hilsenbeck		M40	16	14:05	13:04	13:51	13:25	0:54:25 (16)	0:54:49

## W45

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	347	Claudia Seel	TV Kirkel	W45	1	10:12	10:33	10:35	10:32	0:41:51 (1)	0:41:54
2	252	Viola Stras	LTF Theeltal	W45	2	11:26	11:51	11:59	11:55	0:47:12 (2)	0:47:18

## M45

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	239	Matthias Müller	LSG Saarbrücken-Sulzbachtal	M45	1	08:52	09:01	09:06	09:02	0:36:00 (1)	0:36:02
2	286	Max Gasser	TV Alzey-Team HKS-Gasser	M45	2	09:50	10:06	10:21	10:19	0:40:35 (2)	0:40:37
3	343	Patric Winter	Bisttal-Runners	M45	3	10:09	10:23	10:28	10:20	0:41:19 (3)	0:41:24
4	321	Thomas Zacharias		M45	4	10:36	11:06	11:17	10:59	0:43:58 (4)	0:44:04
5	232	Jörg Dresen	LLG Wustweiler	M45	5	10:55	11:30	11:34	11:23	0:45:21 (5)	0:45:26
6	358	Ulrich Welsch		M45	6	11:00	11:32	11:44	11:34	0:45:50 (6)	0:45:54
7	322	Thomas Morgott	LTF Theeltal	M45	7	11:28	13:00	11:40	11:51	0:47:59 (7)	0:48:20
8	328	Frank Müller	AWO Saarland	M45	8	13:09	14:45	15:15	15:32	0:58:41 (8)	0:58:53

## W50

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	357	Anja Welsch		W50	1	12:47	13:19	13:34	13:12	0:52:52 (1)	0:53:00
2	329	Margit Müller		W50	2	14:33	14:30	14:45	14:51	0:58:39 (2)	0:58:49

## M50

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	219	Stefan Nieweling	Grojos LTF Elversberg	M50	1	09:41	09:54	09:57	10:05	0:39:37 (1)	0:39:40
2	234	Jörg Kohler	LLG Wustweiler	M50	2	10:13	10:24	10:33	10:25	0:41:34 (2)	0:41:37

## M50

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
3	341	Michael Gärtner	LAZ Saar05	M50	3	10:30	10:48	10:34	10:34	0:42:26 (3)	0:42:29
4	318	Paolo Lovat	TV Lebach	M50	4	10:20	10:37	10:45	11:02	0:42:43 (4)	0:43:02
5	208	Werner Breitsameter	Commando Cannstatt	M50	5	10:56	11:19	11:31	11:21	0:45:07 (5)	0:45:14
6	254	Bernd Poth	LTF Theelthal	M50	6	10:59	11:42	11:33	11:52	0:46:06 (6)	0:46:12
7	203	Hans Dieter Köhl	Bisttal Runners Wadgassen	M50	7	12:12	12:34	12:53	12:13	0:49:51 (7)	0:49:56
8	293	Mathias Stier	TV Alzey-Team HKS- Gasser	M50	8	12:16	13:25	13:52	13:59	0:53:33 (8)	0:53:39
9	247	Stefan Feller	LTF Marpingen	M50	9	12:05	13:20	17:00	15:03	0:57:28 (9)	0:58:57
10	400	Andreas Szdzyu		M50	10	14:10	14:46	15:18	15:23	0:59:37 (10)	0:59:51
11	287	Markus Knobe	TV Alzey-Team HKS- Gasser	M50	11	13:58	14:46	15:52	15:47	1:00:23 (11)	1:00:29
12	248	Lothar Leder	Ltf Marpingen	M50	12	15:09	15:38	16:31	16:54	1:04:12 (12)	1:04:27

## W55

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	348	Margit Schneider	Mittelpunktläufer SV Habach	W55	1	12:43	13:02	13:09	13:01	0:51:55 (1)	0:52:06

## M55

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	261	Hanno Riehm	Mercedes Reitenbach	M55	1	11:10	11:21	11:29	11:36	0:45:36 (1)	0:45:50
2	359	Martin Dietz	LTF Köllertal	M55	2	11:11	11:24	11:33	11:34	0:45:42 (2)	0:46:04
3	319	Alois Staudt	Hochwaldrunners	M55	3	11:48	11:57	11:59	11:24	0:47:08 (3)	0:47:25
4	351	Eckhard Flierl	LC Völklingen	M55	4	11:58	12:36	12:57	12:41	0:50:12 (4)	0:50:14
5	244	Werner Zipfler	LSG Schmelz- Hüttersdorf	M55	5	12:52	13:37	13:46	13:44	0:53:58 (5)	0:54:07
6	317	Philipp Keller	LTF Köllertal	M55	6	13:49	13:50	13:50	13:35	0:55:03 (6)	0:55:13
7	335	Ralf Freude	Feuerwehr Sportteam St. Wendel	M55	7	13:04	14:00	14:54	14:47	0:56:44 (7)	0:56:51

## W60

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	332	Olga Scherer	TV Eppelborn	W60	1	12:44	13:49	14:25	14:15	0:55:12 (1)	0:55:21
2	330	Margret Hippchen		W60	2	14:33	14:30	14:45	14:51	0:58:39 (2)	0:58:49

## M60

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	295	Peter Baldauf	TV Düppenweiler	M60	1	10:49	11:02	11:05	11:30	0:44:25 (1)	0:44:27

Lebach, 22. Juni 2018

## M60

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
2	354	Michael Neusius	LSG Schmelz-Hüttersdorf	M60	2	12:42	13:00	13:08	12:54	0:51:44 (2)	0:51:57
3	260	Reiner Gebel	Mercedes Reitenbach	M60	3	13:17	13:21	13:19	13:08	0:53:04 (3)	0:53:18
4	324	Jürgen Tubbesing	LAG Saarbrücken	M60	4	13:10	13:24	13:34	13:15	0:53:23 (4)	0:53:34

## W65

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	262	Gertrud Klein	Mittelpunktläufer SV Habach	W65	1	14:05	14:15	14:37	14:38	0:57:35 (1)	0:57:46

## M65

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	229	Franz Hüther	LG Run`N Ride Bexbach	M65	1	10:26	10:32	10:39	10:31	0:42:08 (1)	0:42:13
2	257	Bernhard Kleber	LV Merzig	M65	2	11:48	12:08	12:08	11:59	0:48:02 (2)	0:48:06
3	235	Wendelin Krämer	LLG Wustweiler	M65	3	12:52	13:30	13:46	13:38	0:53:46 (3)	0:53:56
4	264	Dominique Lecomte	ohne	M65	4	13:50	14:13	14:23	14:35	0:57:00 (4)	0:57:12

## M70

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	340	Gaetano Calcagno	LSG Saarbrücken-Sulzbachtal	M70	1	13:57	14:10	14:08	14:09	0:56:24 (1)	0:56:35

## M75

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	339	Johannes Herrmann	LSG Schmelz-Hüttersdorf	M75	1	12:47	13:16	13:19	13:34	0:52:56 (1)	0:53:04
2	325	Werner Mootz	LTF Köllertal	M75	2	13:56	13:49	14:01	13:52	0:55:38 (2)	0:55:48
3	326	Gunter Berger	LG Pronsfeld-Lünebach	M75	3	13:41	14:27	15:02	14:51	0:58:00 (3)	1:01:13
4	327	Gerd Müller	LSG Schmelz-Hüttersdorf	M75	4	15:08	15:42	15:43	15:55	1:02:28 (4)	1:02:40

## M80+

Pl.	St Nr	Name	Verein	AK	Pl.	Rnd. 1	Rnd. 2	Rnd. 3	Rnd. 4	Nettozeit	Bruttozeit
1	246	Franz Feller	LTF Marpingen	M80+	1	16:28	18:05	17:39	07:11	0:59:23 (1)	0:59:40